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Visit the MPAGS website:

[www.marylandpsychology.org/MPAGS.htm](http://www.marylandpsychology.org/MPAGS.htm)

or visit the

Maryland Psychological Association Website:

[www.marylandpsychology.org](http://www.marylandpsychology.org)

Direct questions to:

[MPAGS@marylandpsychology.org](mailto:MPAGS@marylandpsychology.org)



Maryland Psychological Association for Graduate Students

**Undergraduate  
Mentoring Program**

MPAGS:  
A section of the  
Maryland Psychological Association

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## Purpose of the Undergraduate Mentoring Program

The Undergraduate Mentoring Program is a free service offered by the Maryland Psychological Association for Graduate Students (MPAGS), a section of the Maryland Psychological Association (MPA). The purpose of the program is to pair undergraduate students who are interested in the field of psychology with graduate students who can answer questions and provide support to undergraduates in their job searches or graduate school endeavors.

By participating in the Undergrad Mentoring Program, undergraduate students can hear first-hand experience about jobs in the field of psychology, the process of applying to graduate schools, and learn more about the different psychology disciplines (i.e., clinical counseling, school, etc.) and the types of degrees (i.e., MA/MS, Psy.D., Ph.D., etc.) one can receive in the field.

The program was designed to help undergraduate students hear first-hand experience about jobs in the field, the process of applying to graduate schools, and the different types of degrees one can receive in the field.

## Who participates in the program?

Undergraduate students who are majoring in psychology or interested in pursuing a graduate school education or career in psychology are eligible to receive a mentor. Currently, graduate students from a variety of graduate schools representing various education levels (i.e. MA/MS, Psy.D., Ph.D., etc.) in Maryland and other states, volunteer to participate as mentors for the program.

## How the program works

MPAGS maintains a list of graduate student volunteers who represent a wide spectrum of experiences, education, specialties, and personal interests in psychology.

Once an undergraduate student contacts MPAGS to ask for a mentor, some general information about the undergrad is collected to help make a pairing that is optimally beneficial to the undergrad.

The undergrad will then be paired with a graduate student and will receive an email with contact information for their mentor. It is up to the undergrad and their mentor to decide how they would like to work together whether that be by phone conversation, over email, or meetings in person.

## What issues are commonly addressed by mentors?

- What are the differences between Masters, Psy.D. and Ph.D. programs?
- What are career options for students with an undergrad psychology degree?
- What are the mentors' experience on their "road to graduate school?"
- What are the differences between a graduate degree in social work, clinical psychology, and counseling psychology?
- Does it matter if I attend an APA accredited graduate program?

## Arrange a school visit

MPAGS can also conduct school visits to talk to groups of undergraduate students about career options, graduate school, and other related areas. If interested, please have a school representative contact us at [MPAGS@marylandpsychology.org](mailto:MPAGS@marylandpsychology.org).